





Te Pikinga ki Runga: Raising Possibilities

A framework created by Sonja Macfarlane (2009) to raise the possibilities for ākonga (students) who are experiencing challenges with learning, socialising and their own identity. It promotes positive relationships and interactions between schools, Māori ākonga and their whānau and is based on the principles of Te Tiriti o Waitangi: *partnership, protection, participation*.

Under Te Tiriti o Waitangi principle protection, there are 4 areas suggested to be integral to a child's wellbeing: Hononga, Hinengaro, Tinana and Mana Motuhake. Peer mediators can use these questions to help ākonga and kaiako (teachers) with conflict resolution or to just simply enhance relationships.

Hononga	Hinengaro	Tinana	Mana Motuhake
RELATIONAL - Whanau, whenua, friendships	PSYCHOLOGICAL - Motivation, emotions, thoughts	PHYSICAL - Demeanour, energy levels, physical safety	SELF-CONCEPT - Cultural identity, attitude and spirit, resilience
			
<p>*Are you and your friend doing okay today?</p> <p>*What are some things you and your friend like to do together?</p> <p>*Are there any other ākonga you could play with?</p> <p>*Who are some people in class that can help you to make good choices?</p> <p>*What is a special/ safe place at school that makes you feel calm?</p>	<p>*Kei te pehea koe? How are you feeling today?</p> <p>*When you feel upset, what are some ways others could help you feel better?</p> <p>*Would you like me to show you some techniques I use when I feel a little stressed or frustrated?</p> <p>*How does your kaiako (teacher) help you to feel calm?</p> <p>*If you started feeling upset again, what would be a good way to help you calm down?</p>	<p>*I noticed that there was pushing and shoving happening: shall we talk about it?</p> <p>*Would you like to come and get a drink of water from the water fountain with me, to help you cool off?</p> <p>*Where is there a quieter space that is less crowded?</p> <p>*Are you feeling sore? Should we get a kaiako to have a closer look?</p> <p>*You seem a bit down today. Would you like some company?</p>	<p>*What fun activities/ hobbies do you like doing? Would you like to join a club?</p> <p>*What other activities could you do at lunch time if you are unable to play your first choice?</p> <p>*Think about our school values: Teach me about how you are using these?</p> <p>*What do you need right now to make you feel better?</p> <p>*What plan do you and your kaiako have in place for when you get angry or upset?</p>

Te Pikinga ki Runga - A Quick Guide

What is *Te Pikinga ki Runga* all about? Here are some quick facts and suggestions to guide you on your learning journey:

Did you know that...?	Partnership
<ul style="list-style-type: none"> It is guided by the 3 principles of Te Tiriti o Waitangi: <i>partnership</i>, <i>protection</i> and <i>participation</i>. It is a kaupapa Māori approach that looks at assessing, analysing and planning for change to support the needs of the ākonga. It was originally intended to guide professionals and their interactions with whanau and Māori ākonga who displayed challenging behaviours. Later it was realised that Te Pikinga ki Runga could also be used for Maori ākonga who displayed mild to moderate learning/ behaviour challenges. It focuses on the holistic wellbeing of the ākonga. 	<p>Building relationships with whānau and the wider community. This is integral to supporting the tamaiti (child) on their learning journey. Ideas for encouraging whānau engagement:</p> <ul style="list-style-type: none"> - Open door policy (Huakina kuaha) - Regular newsletters, emails - Using apps such as the School Loop - Communicating through Class Dojo - Whanau days/ meet the teacher nights with free sausage sizzle - Arranging whanau hui / feedback surveys - Celebrating achievements / invitations to assemblies - Fundraising committees/ working bees
Protection	Participation
<p>Looking after ākonga wellbeing through a holistic approach. In the interest of protecting the wellbeing of the child, there are 4 domains that need to be addressed:</p> <ul style="list-style-type: none"> * <i>Hononga</i> (relational), * <i>Hinengaro</i> (psychological), * <i>Tinana</i> (physical) & * <i>Mana Motuhake</i> (self-concept) <p>Each domain can be further broken down into 12 dimensions (See other side) These dimensions are likened to the 12 feathers of the huia manu, a precious bird that was also in need of protection many years ago.</p> <p>(See references for more information about Te Huia, the domains and possible reflective questions educational practitioners can use.)</p>	<p>Strengthening the curriculum paying close attention to the key competencies in response to assessment and analysis. Key competencies:</p> <ol style="list-style-type: none"> 1. Thinking 2. Understanding symbols and texts 3. Relating to others 4. Managing self 5. Participating and contributing <p>Questions to think about:</p> <ul style="list-style-type: none"> -What can we do now moving forward? -What goals can we set? -What strategies can we put in place to achieve these goals? -Are these goals and strategies that all parties can agree on?

Te Pikinga ki Runga can be weaved into the Cool Schools peer mediator training to help mediators build an understanding of wellbeing, awareness and sensitivity of others, and help those ākonga (students) who are struggling to reach solutions. Peer mediators can use this as a tool to connect with their disputants and to guide them through the mediation process.