

# YOUTH PEACE WEEK 2023

## KIA TAU TE RANGIMĀRIE

HONOA TE HAPORI  
KO TE RONGOMAU TE WHĀINGA



6-12 AUGUST 2023  
[WWW.PEACEFOUNDATION.ORG.NZ](http://WWW.PEACEFOUNDATION.ORG.NZ)  
#YOUTHPEACEWEEK2023 #COMMUNITYCONNECT



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## FUNDERS

Disarmament  
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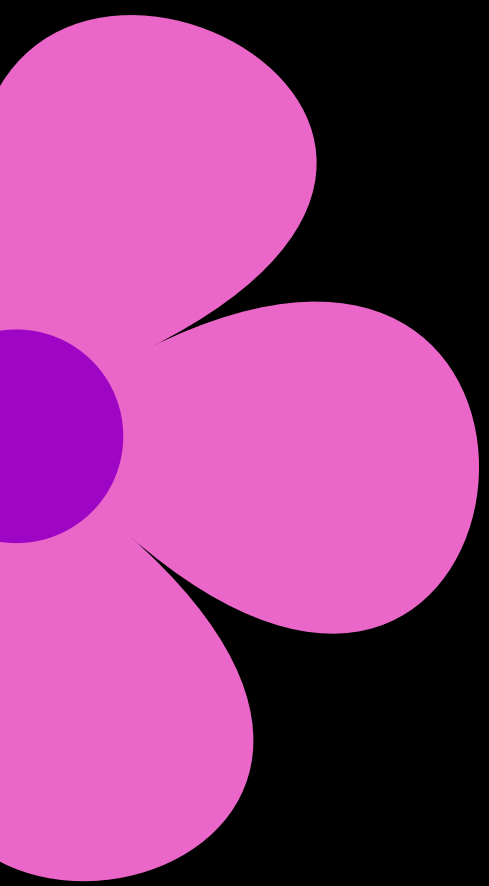
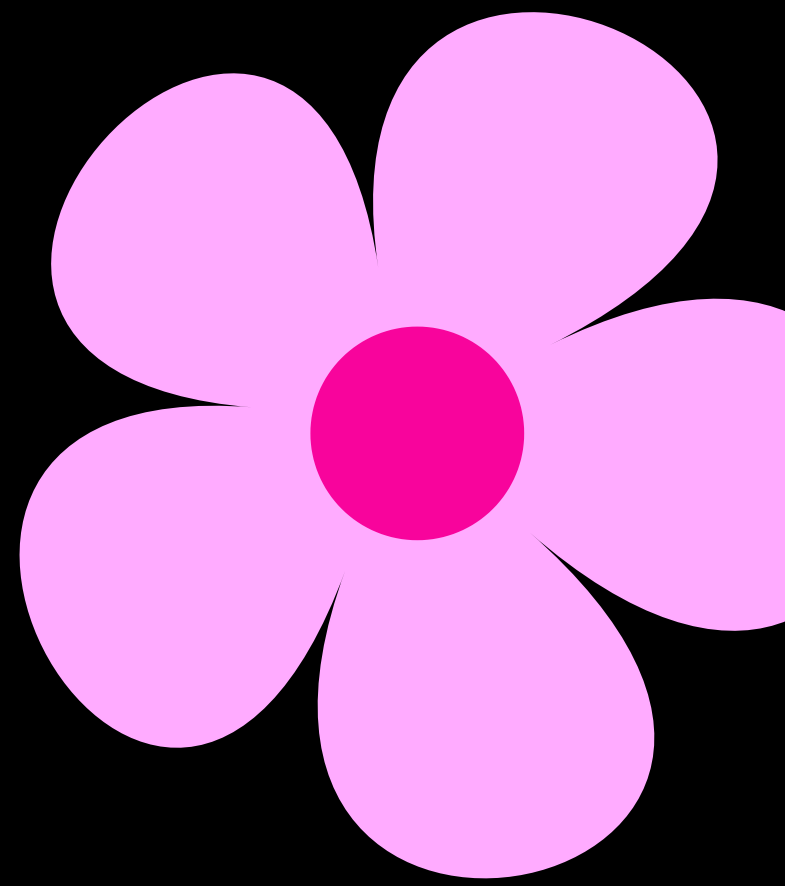
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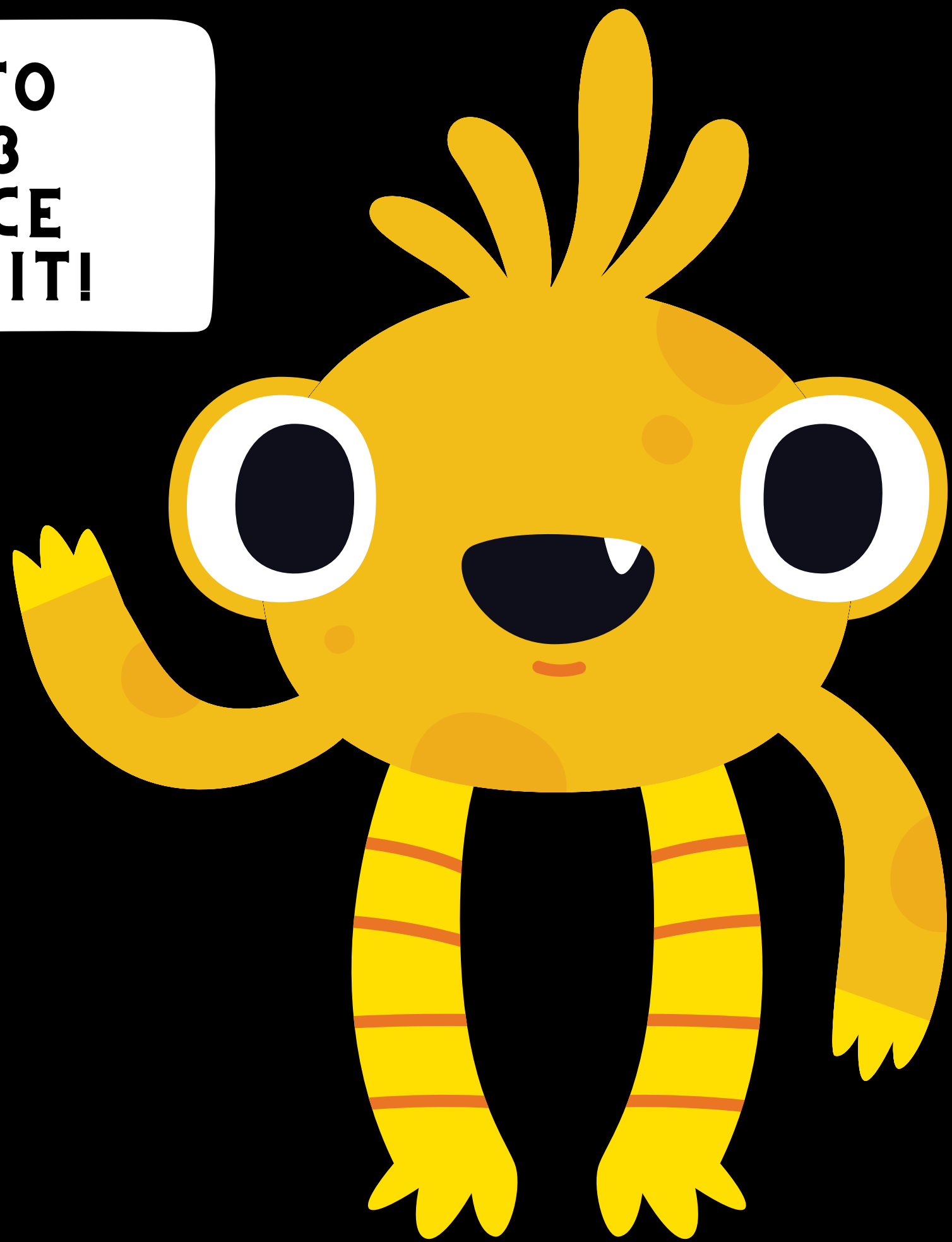
**WELCOME TO  
YOUR 2023  
YOUTH PEACE  
WEEK TOOLKIT!**

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# FOREWORD

## CHLÖE SWARBRICK

When I was a kid, I would look at the adults around me and think that when I grew up, I would understand the world and my place in it. Then I grew up and realised that everyone is just doing the best that they can with the resources and life experiences and understanding that they have. That everyone is constantly making it up, together.

I find that quite an exciting and liberating idea. While it's devastating to reflect on the reality that many of the issues we face are man-made, whether they be poverty, war, pollution or climate change, it's empowering to know that if humans made these problems, humans can fix them.

In politics, we talk a lot about 'systems,' which are basically just rules created by people in power. What that means is all 'systems' boil down to people and the rules we're willing to tolerate. History has taught us time and again that these rules – these systems – can and do change for the better when an ever-growing group of 'regular' people decide we deserve better and use our shared, collective power to create a new reality.

This is the power of community and connection. It's the power of realising that none of us are navigating the world alone and building relationships with each other to change the world, together.



*Chlöe Swarbrick*  
*Green Party MP for Auckland Central*

# COMMUNITY CONNECT<sup>2</sup>

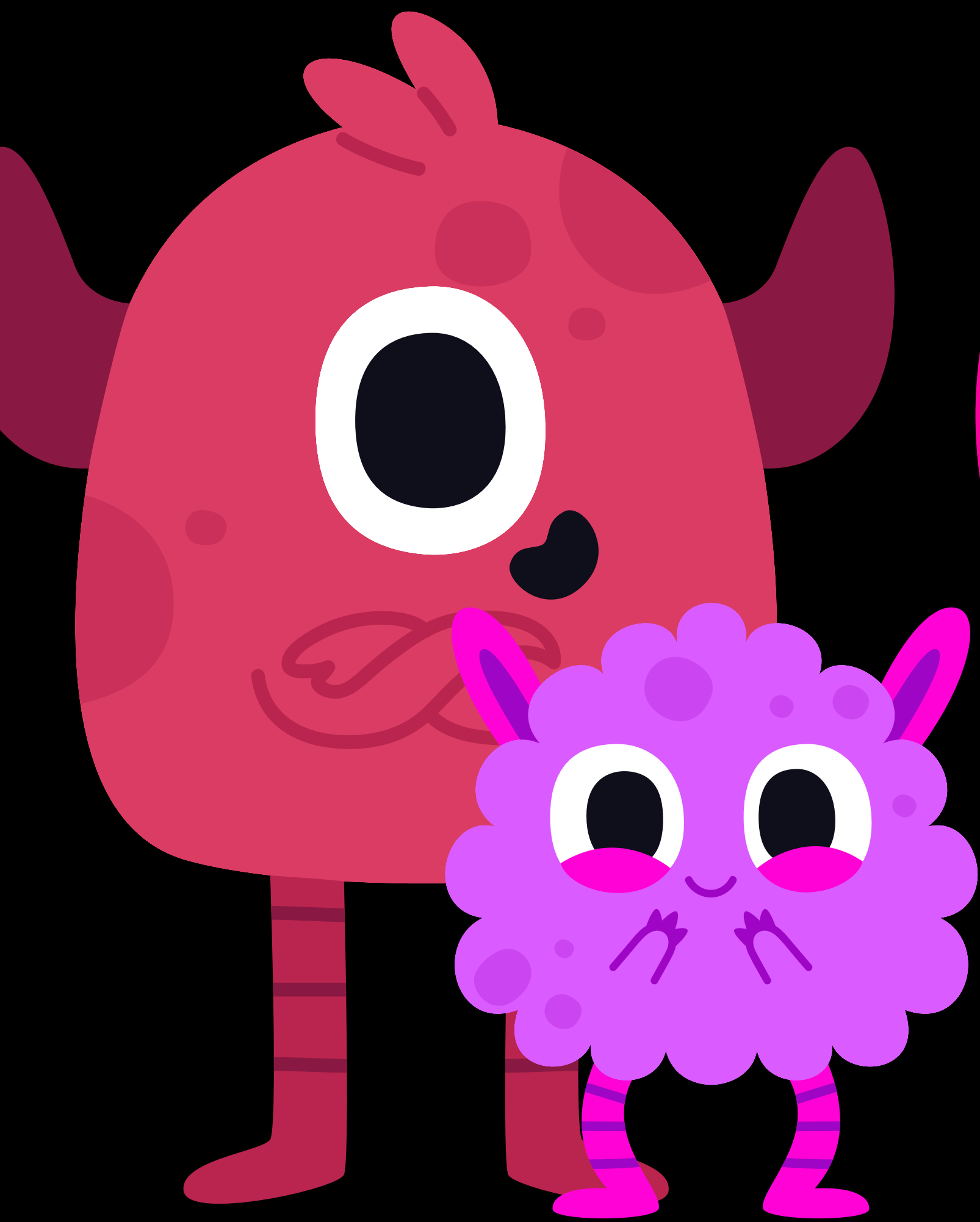
## PROJECT 4 PEACE

This year, The Peace Foundation wants to emphasise the importance of forming connections in communities. By developing these connections we can help to build peace and improve relationships between individuals and groups. If your kura or organisation participates in Youth Peace Week 2023, you will build deeper connections within your communities, and help create a better place for us all to live. *"Community engagement allows for collaboration with key stakeholders, and empowerment of those working towards a common goal."*

Community service and volunteering also have a long list of benefits for those getting involved! It connects you to others, can have positive impacts on your mind and body, brings fulfilment to your life and advances your skills. Even the smallest tasks can make a real difference in the lives of those you are assisting. Connecting with your community through a peace project can provide you with opportunities to make new friends, gain skills, boost your confidence, and increase your happiness!

### HINT:

A great way to support your community is to reach out to others and ask them what is required, where the gaps in support are, and what needs attention right now.





### Identifying a need in your community:

- Talk to local businesses, organisations, community leaders and members to see where they think there is a need.
- Go for a walk and observe your surroundings. Is there anything that obviously needs fixing?
- Talk to other members of your school community (including other students, teachers, and principals).
- Look at what other community organisations are doing and see if they need help or where there are gaps in their support.

### You might observe a need for:

- Physical items such as clothing or food.
- Environmental improvement, eg; planting trees, community gardens, clean waterways, designing and painting a mural with a message, rubbish clean up ...
- Development, eg; building or item repairs.
- Resources or funding for organisations who are currently working within your school or community.
- Care and support such as help with daily tasks (lawnmowing) or help with problem-solving (peer support).

### What are the benefits?

- You can learn and develop skills through your community project.
- When others see people do good it encourages them to do good too!
- You can see the value of helping others and how our actions can have a positive effect on those around us.
- It will connect you with amazing people you may never have met otherwise.
- Community projects can help meet any urgent needs faced by your community (for example, after a significant weather event).
- Your project might help you find joy, explore things you are passionate about, and bring personal fulfilment.
- Participation demonstrates leadership and your desire to bring about positive change.



# IDEAS FOR ĀKONGA

## PRIMARY

### In your kura:

- Book Collection – ākonga donate books to be donated to other tamariki in the school, local libraries, or community groups.
- Coin Drive – coins are collected from ākonga over a period of time and kept in a large jar that is visible (but not reachable). Once the jar is full, the contents are donated to a local charity or organisation in need.
- Learn how to fold paper cranes, and together as a school community make 1,000. Once completed, display them in your school for everyone to see, or send them as a symbol of peace to the Hiroshima Peace Memorial Park.
- Create posters for peace, then put them up in your classroom, office, or library for everyone to see!



### In your community:

- Clean up your community. Head to your nearest park or reserve with rubbish bags and gloves/tongs, and collect all the litter you find.
- Bake for a rest home. Once you have completed your baking you can make handmade cards to be delivered as well.
- Write a letter to someone doing great work in your community thanking them. It might be a carer, a nurse, a firefighter, a teacher, a garbage truck driver ... It can be anybody YOU recognise!
- Hold a stuffed toy collection to donate to children in need.
- Make bookmarks with inspirational quotes to leave at your local library to help brighten someone's day!



# IDEAS FOR RANGATAHI SECONDARY

Over 800 million people (almost 12% of the world's population) spent at least 10% of their household budget to pay for health care (WHO, 2020).

**You are enough!**



## In your kura:

- Create an area where students can come to connect with one another. You might decorate the walls with positive and uplifting quotes, invest in some bean bags, and even have some students trained in peer mediation there to help when conflicts arise.
- Hold a donation drive for a need that you identify in your own school community. Does your school require food for a breakfast club? Yes! Get everyone to donate non-perishable food for this. Does your art department need new paints? Maybe you could hold a 'be yourself day' where students could donate money towards this cause. The possibilities are endless...
- Write something to go in your school newsletter telling people about all the awesome things that are currently happening in your school. It's a great way to acknowledge lots of different activities and achievements!
- Are you a co-education school or girls only? Set up a FREE sanitary box in your toilets to help make hygiene products more accessible for everyone.

## In your community:

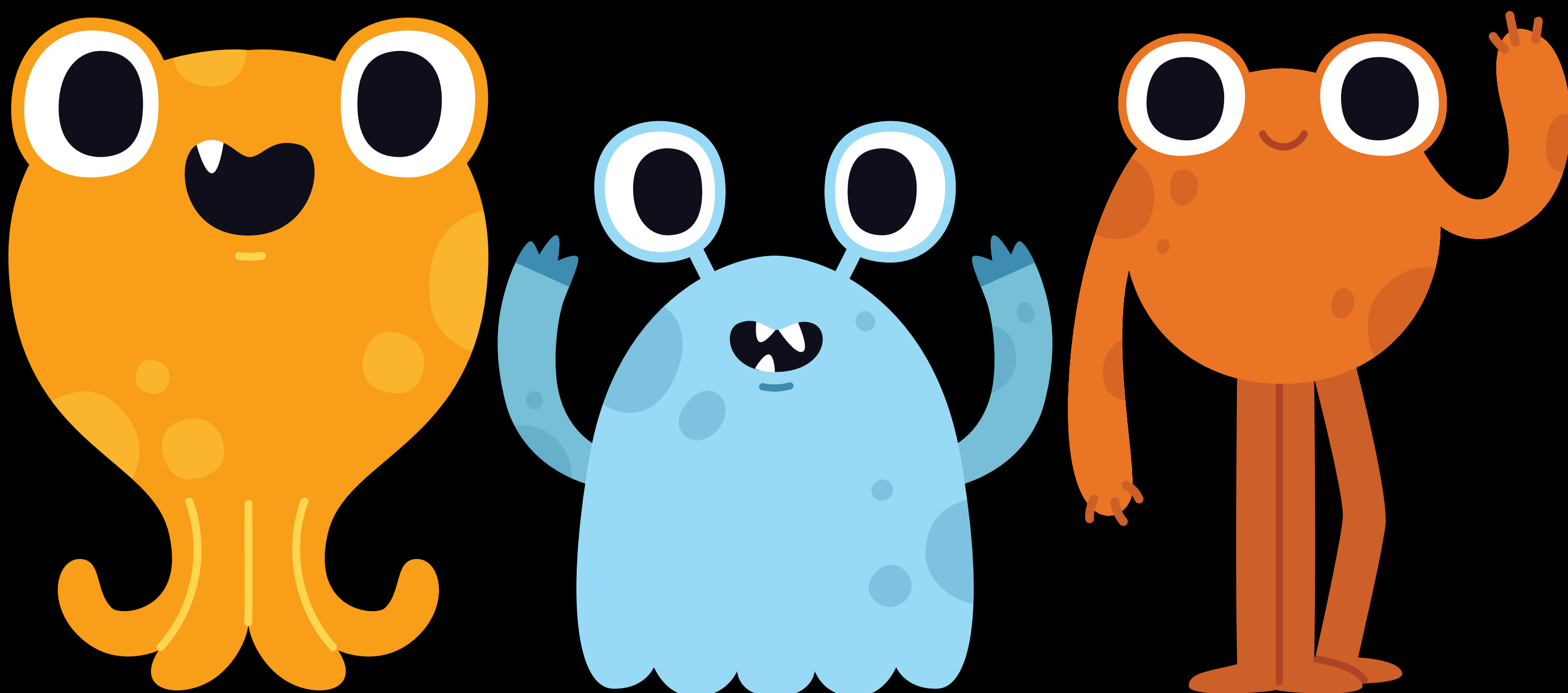
- Volunteer at your local foodbank. You could develop this further to make a meal for people in need once a month.
- Spend a day cleaning up your city.
- Reserve a 'Blue Fish Kit.' You can reserve stormwater drain marking kits through local council and spend a day marking stormwater drain inlets with blue fish that say, "Drains are for rain only."
- Join Resene's 'Adopt-a-Spot' graffiti paint out scheme, and keep your community graffiti free.

**2023  
MEAR  
NII**



# IDEAS FOR TĀTOU KATO A ADVANCED

- Get a group of people together to volunteer their time at a community group. This might be helping out at your local foodbank, cleaning parks or beaches, visiting a rest home– there are so many options!
- Hold a community dinner once a month where you provide and serve the food.
- Develop a community social media page so that you can develop relationships and work collaboratively to address local needs. This is a great activity to combine with others in this toolkit and an awesome platform to share your mahi!
- Write inspirational messages on A4 paper and decorate them in bright colours. Once you are done laminate them so they can withstand the weather and go around your community putting them up in public places to spread love, peace, happiness and good vibes!
- Have a go at rock painting! This is a great way to get people working collaboratively and coming together – you might even want to paint the rocks to the theme of Youth Peace Week 2023! Once completed you could take them home, display them in a public place, or even put them around your city for people walking past to find. Create a rock garden full of peace messages. Invite others to contribute.
- Design and decorate a community space so that there is a place that people can gather to spend time together ... a safe meeting place.
- Start a community garden. You will need to plan everything from where it will be located, to who will tend to the seedlings and plants. This is a great long-term activity that can continually bring your community together. Once you start growing fruit and vegetables you can also hold picnics in the space.



# PROJECT PLANNING DOCUMENT

**Brainstorm** – Use the prompts on pages 10 to begin planning your community project. Begin by brainstorming problems or issues in your school or community that you would like to help solve. Work collectively to come up with ideas around your project goals: who will be involved, the resources you might need, the steps needed to be taken to achieve your goals, the challenges you might face (and how to overcome them), and the ways you can share your project with others.

**Make a plan** – Use the next page to help you map out your project and put your plans in place. Give each person in your team a copy to make sure everyone is on the same page and knows the plan.

**Timetable** – Use the timetabling page to help you better organise your project by writing down key dates and milestones. Share this timetable with everyone on your team to make sure everyone knows what needs to be done and when. The timetable also includes important Youth Peace Week dates and information (like when to order your 2023 Youth Peace Week badges)!

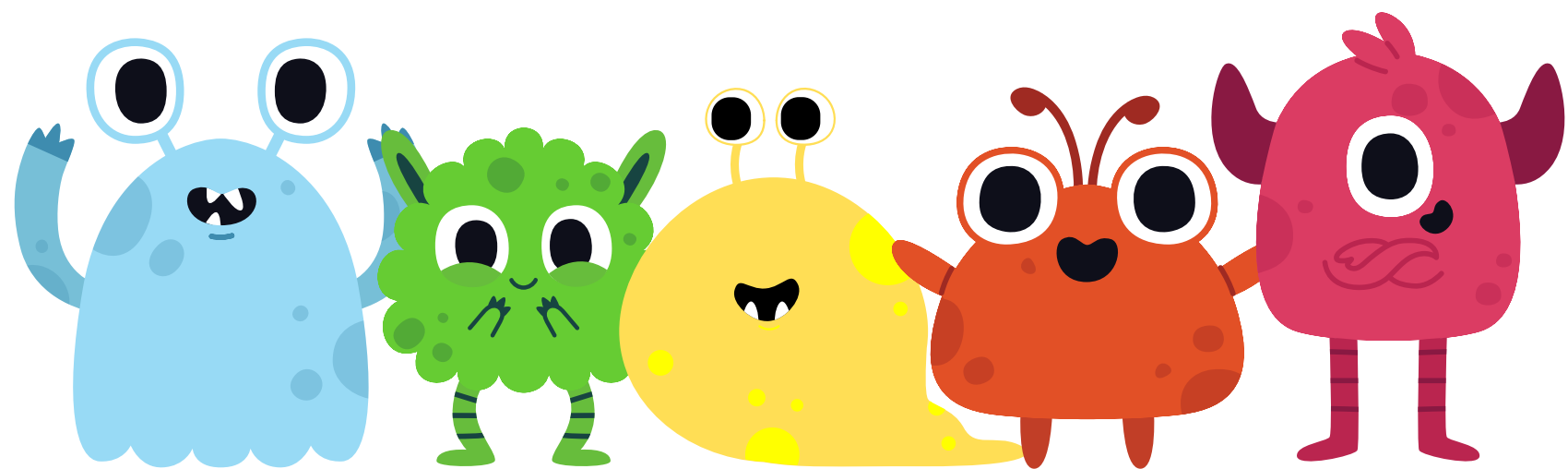
## *Make a plan*

- Project name
- Project goal
- Resources list
- Who's involved
- Important dates
- Action plan (steps)
- How we'll share our project



# YOUTH PEACE WEEK

## TIMETABLE

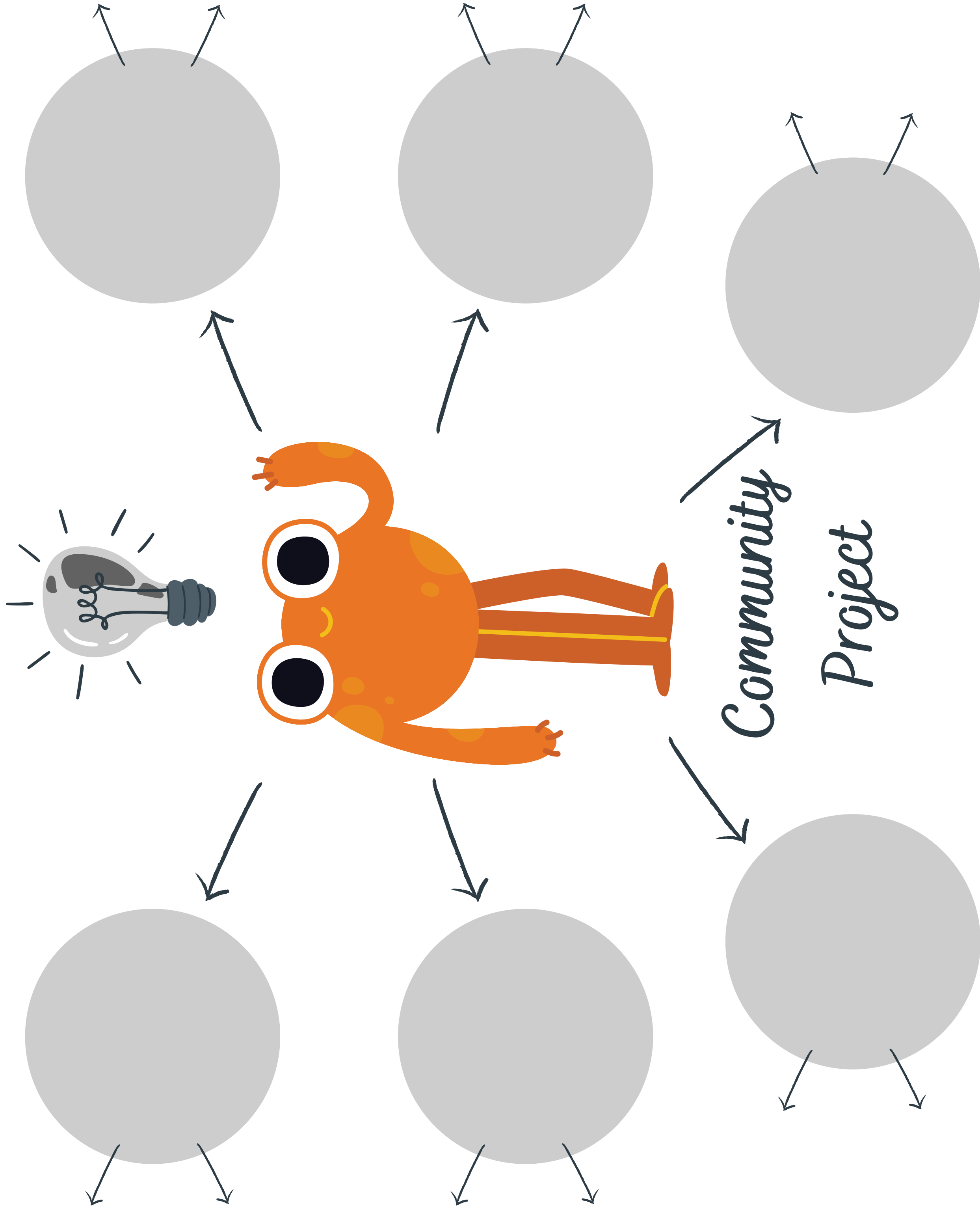


Month : \_\_\_\_\_

01	02	03	04
05	06	07	08
09	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28
29	30	31	



# Brainstorm Page



# FUNDRAISER

As part of connecting with your community, you could fundraise for a group or organisation this Youth Peace Week. Firstly, you will need to plan your fundraiser (**tip**—there are some ideas on pages 5–7) and decide which community organisation your kura wants to support.

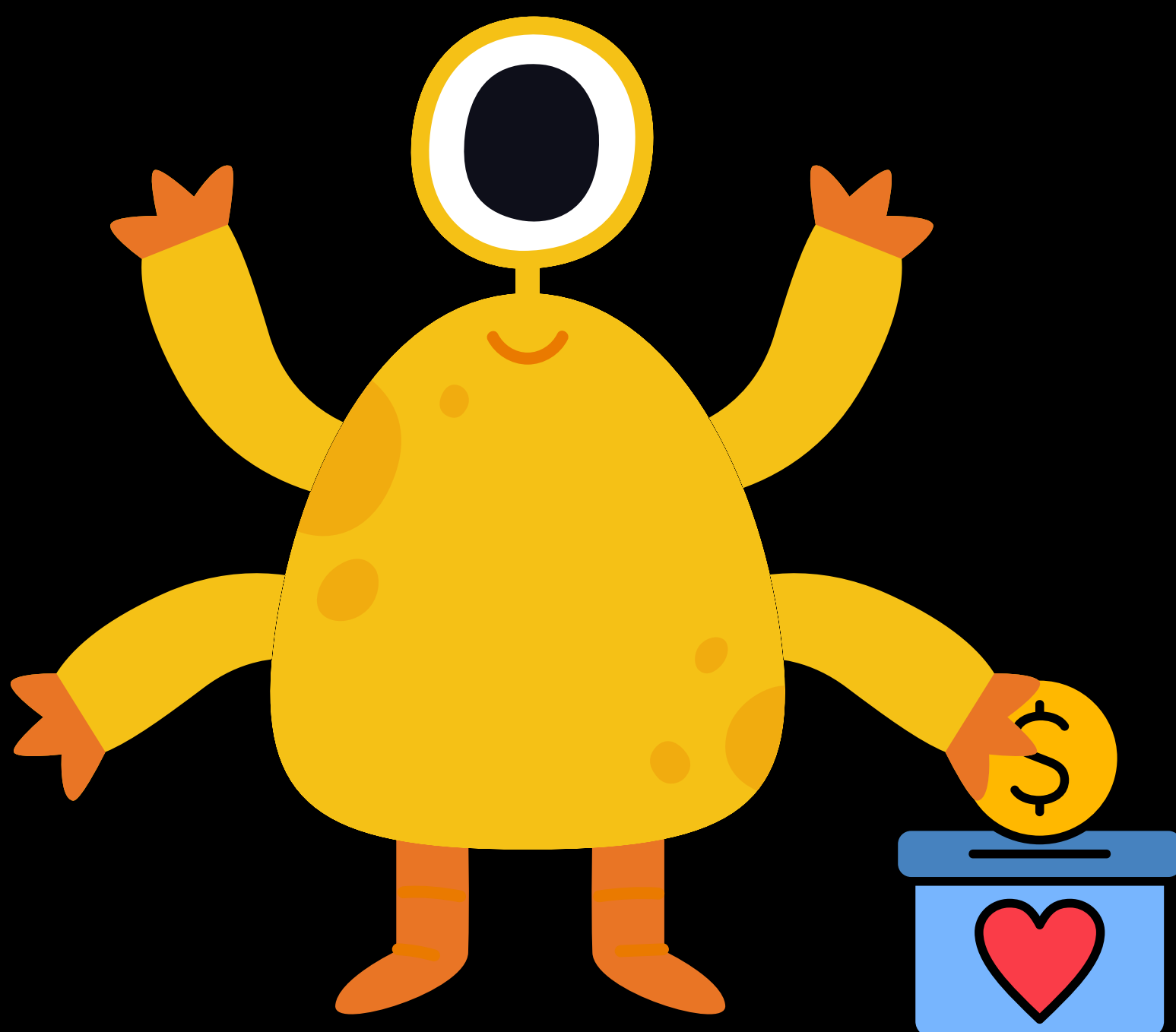
The Peace Foundation, who created this Toolkit and who do valuable mahi throughout Aotearoa, might even be your choice! To learn more about us head to [www.peacefoundation.org.nz](http://www.peacefoundation.org.nz) If you want to support us, we have a target of \$5,000, to support our events. It might be used to support events such as our 2023 Youth Peace Symposium where rangatahi come together to promote peace!

## Donation information:

The Peace Foundation

Bank account: 06-0158-0010006-00

Reference details: YPW Donation



Other areas you might  
fundraise for:  
Community welfare,  
mental health, the  
environment, animals,  
education, sports  
groups, and cultural  
groups...



# ORDER YOUR BADGES AND TEE SHIRTS NOW!

To place an order head to our website:  
[www.peacefoundation.org.nz](http://www.peacefoundation.org.nz)

Badges \$40 plus postage (per packs of 20).  
Tees \$30 each, plus postage.

## SHARE YOUR PROJECT:

We would love to see all your awesome preparations and mahi this Youth Peace Week! All you have to do is post an image or video using the hashtag #ypw23  
#ypwcommunityconnect

Keen to see ideas other schools have come up with?  
Check out the hashtag for inspiration!  
And remember to follow us on Instagram and Facebook.



@thepeacefoundationnz



@ThePeaceFoundationNZ

